

Class Schedule						
Class		Tuesday	Wednesday	Thursday	Friday	Saturday
Pre-School Classes (18 months - 6 years)						
Lil' Hoppers	(45 min)					9:00
		10:00	10:00			10:00
		6:30				
Pre-Cricket	(45 min)					9:00
		10:00	10:00	3:30		10:00
		5:30				11:00
				6:30		
Cricket	(50 min)					9:00
		10:00	10:00			
			4:00	4:30		
				5:30		
			6:00			
Super Cricket	(50 min)					10:00
		3:30		3:30		11:00
		4:30				
		5:30	5:00	5:30		
		6:30		6:30		
Girls Recreational Classes (6 years - 18 years)						
Cartwheels	(60 min)	3:30	3:00	3:30		9:00
		4:30	4:00	4:30	4:00	10:00
		5:30	5:00	5:30	5:00	11:00
		6:30	6:00	6:30		
Roundoffs	(60 min)	3:30	3:00	3:30		9:00
		4:30	4:00	4:30	4:00	10:00
		5:30	5:00	5:30	5:00	11:00
		6:30		6:30		
Kips	(60 min)		3:00			9:00
			4:00	4:30	4:00	
				5:30		
		6:30	6:00			
Aerials	(90 min)		5:30	4:30		9:00
Gainers	(90 min)					
Saltos/Twisters	(120 min)					
Boys Recreational Classes (6 years - 18 years)						
Super Heroes	(60 min)			3:30		9:00
		5:30		5:30		
				6:30		
Handstands	(60 min)	4:30				9:00
			5:00		5:00	
Giants	(60 min)	6:30				
Extreme	(60 min)					
Tumbling Classes Ages (10-18 years)						
TnT 1	(60 min)		7:00			
TnT 2	(60 min)		7:00		4:00	
TnT 3	(60 min)		7:00			
TnT 4	(60 min)		7:00			
Unstructured Gym Practice and Class Make Up Times						
*Classes to be opened per waitlist					Friday	Saturday
FUN ZONE: 12mos. - 6 years \$5 for members, \$8 for non-members					6:30 - 8:00 PM	12:00 - 1:30 PM
OPEN GYM: 6 years - Adult \$10 for members, \$12 for non-members					6:30 - 8:00 PM	12:00 - 1:30 PM
(Exceptions will be made for children aged 6 years old who are enrolled in 'BLUE ROOM' classes.)						